

# Lecha Dodi

(Israel)

A non-partner dance choreographed by Shlomo Bachar to Ladino music. The name means "to you, my beloved."

Pronunciation: lehkh-HAH doh-DEE

Music: Special cassette by Shlomo Bachar

4/4 meter

Formation: Circle facing CCW, hands joined in V-pos.

## Meas

## Pattern

4 meas INTRODUCTION. Start with vocal.

### PART ONE

- 1 Facing ctr, step on R to R in LOD (ct 1); step on L next to R (ct 2); step on R to R (ct 3); slight hop on R 1/2 CW to end facing out with hands rejoined in V-pos (ct 4).
- 2 Facing away from ctr, step on L to L in LOD (ct 1); step on R next to L (ct 2); step on L to L (ct 3); slight hop on L in place, raising R slightly fwd (ct 4).
- 3 Yemenite R.
- 4 Step on L to L (ct 1); step on R next to L (ct 2); step on L to L (ct 3); slight hop on L 1/2 CCW to end facing ctr with hands rejoined in V-pos (ct 4).

### PART TWO

- 1 Step on R to R (ct 1); hop on R in place, raising L straight to L (ct 2); step on L across behind R with knee bent (ct 3); step on R to R (ct 4).
- 2 Repeat meas 1 with opp ftwk and direction.
- 3 Mayim step CW, beg R: step on R across in front of L (ct 1); step on L to L (ct 2); step on R across behind L (ct 3); step on L to L (ct 4).
- 4 Step on R across in front of L (ct 1); step bkwd on L (ct 2); releasing hands, with R, L turn 3/4 (CW) to R in LOD to end facing CCW (cts 3,4).
- 5 Leap onto R full turn CCW in LOD (ct 1); step fwd on L (ct 2); repeat cts 1,2 (cts 3,4).
- 6 Joining hands in V-pos, take Polka step with R to R (R,L,R) (Q,Q,S) (cts 1,&,2); take Polka step with L to L (L,R,L) (Q,Q,S) (cts 3,&,4). Shimmy with shldr.
- 7 Moving to ctr, step R, L, R (cts 1,2,3); hop on R turning 1/2 CW to face away from ctr (ct 4).
- 8 Repeat meas 7 with opp ftwk and direction, turning CCW.
- 9 Two quick shifts of wt (R,L,R-L,R,L) (cts 1,&,2,3,&,4).
- 10 Yemenite L without hold.

Repeat from beginning 5 times through.

Presented by Suzanne Rocca-Butler

Lecha Dodi—continued

Song Words:

Lecha dodi likrat kala, p'nei shabat n'kabla.

Shamor V'zchor b'deebur echad, Hishmeeanee El hamyeechad  
Adonai Echad, Ushmo echad, L'shem Ultiferet v'lithla  
Adonai Echad, Ushmo echad, L'shem Ultiferet v'lithla

Lecha dodi likrat kala, p'nei shabat n'kabla.

Likrat shabat l'chee v'nelcha, Ki hi mokor habracha  
Merosh mikedem n'sicha, Sof maase b'machshava t'hilah  
Merosh mikedem n'sicha, Sof maase b'machshava t'hilah

Lecha dodi likrat kala, p'nei shabat n'kabla.

Welcoming the Sabbath

“Observe” and “Remember,” in a single command, the One God announced to us. The Lord is One, and his name is One, for fame, for glory, and for praise.

Come, my friend, to meet the bride; let us welcome the Sabbath.

Come, let us go to meet the Sabbath, for it is a source of blessing. From the very beginning, it was ordained; last in creation, first in God's plan.

Come, my friend, to meet the bride; let us welcome the Sabbath.